

EDINÉIA GOEDERT

VARIAÇÃO NOS TEORES DE SÓDIO EM DIETA MULTICARENCIADA:
EFEITOS SOBRE ALGUNS ASPECTOS DA FUNÇÃO RENAL

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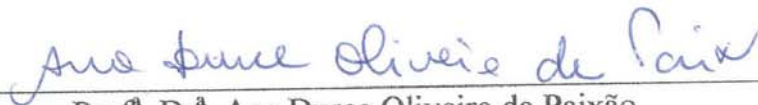
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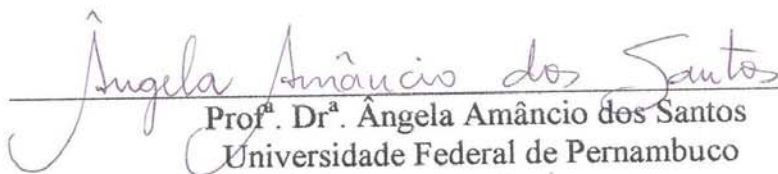
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RESUMO

No presente trabalho, através de diferentes concentrações de sódio na dieta, investigamos se a natriurese observada nos ratos em DBR desde o desmame decorria do maior aporte de Na^+ ou da sua menor conservação pelo rim e o seu efeito sobre a concentração urinária. Para isso utilizamos uma dieta multicarenciada, localmente denominada dieta básica regional (DBR) e 60 ratos machos Wistar, tratados a partir do desmame com: i) dieta controle, nos padrões da American Institute of Nutrition (AIN), o grupo controle (C); ii) DBR suplementada com baixo teor de Na^+ (0,06%), o grupo DBRhípo; iii) DBR suplementada com teor normal de Na^+ (0,3%), o grupo DBRnormo; iv) DBR suplementada com teor alto de Na^+ (3,12%), o grupo DBRhíper. Foram avaliados: filtração glomerular (FG), reabsorção tubular de Na^+ , capacidade de concentração urinária e níveis pressóricos arteriais. O balanço de Na^+ foi investigado através do uso de gaiolas metabólicas. A FG foi avaliada através do clearance de creatinina (C_{Cr}) e a reabsorção tubular de Na^+ foi avaliada a partir do clearance de Li^+ . A capacidade de concentração urinária foi avaliada através da privação de água durante 12 h. O peso corporal (PC) apresentou-se comprometido ao longo de todo desenvolvimento. Aos 126 dias de idade, os grupos DBRhípo, DBRnormo, e DBRhíper apresentaram PC menor que o grupo C (200 ± 19 ; 229 ± 17 ; 164 ± 4 vs 439 ± 27 g, respectivamente, $P < 0,05$). A FG e reabsorção tubular proximal de Na^+ apresentaram-se semelhantes entre todos os grupos. A reabsorção tubular distal de sódio apresentou-se maior no grupo DBRhípo em relação ao DBRnormo e C ($99,15 \pm 0,13$ vs $92,90 \pm 0,09$ e $93,56 \pm 0,47$ %, respectivamente, $P < 0,05$) e menor no grupo DBRhíper em relação ao DBRnormo e C ($87,54 \pm 0,68$ vs $92,90 \pm 0,09$ e $93,56 \pm 0,47$ %, respectivamente, $P < 0,05$). Os níveis pressóricos arteriais apresentaram-se semelhantes entre os grupos. Diante da privação de água, o fluxo urinário apresentou-se mais elevado e a densidade urinária menor no grupo DBRnormo em relação ao grupo C ($1,25 \pm 0,06$ vs $1,13 \pm 0,09$ ml/100g e $1,051$ vs $1,051$ µg/ml, respectivamente, $P < 0,05$). No entanto, a capacidade de excreção em relação ao ingerido de sódio apresentou-se similar entre estes dois grupos ($99,01 \pm 0,12$ vs $99,02 \pm 0,17$ %). A desnutrição comprometeu o mecanismo de concentração urinária, e a excreção de sódio estava relacionada ao teor deste eletrólito na dieta.

Palavras-chave: Desnutrição, conteúdo dietético de Na^+ , filtração glomerular em ratos, balanço de Na^+ , concentração urinária.

ABSTRACT

The present study assessed whether the handling of Na^+ was altered in animals submitted to malnutrition multicarencial also known as DBR. Thereunto, we used male Wistar rats treated from weaning on with: i) control diet, AIN standards in the control group (CONc), ii) DBR supplemented with low- Na^+ (0.06%), the group DBRhypo iii) DBR supplemented with normal content of Na^+ (0.3%), the group DBRnormo iv) DBR supplemented with high content of Na^+ (3.12%), the group DBRhyper. Parameters such as glomerular filtration (GF), filtered load of Na^+ (CF_{Na^+}), proximal tubular reabsorption of Na^+ ($\text{RFRP}_{\text{Na}^+}$) and distal tubular reabsorption of Na^+ ($\text{RFRD}_{\text{Na}^+}$). The handling of Na^+ was investigated by using metabolic cages. FG was assessed by creatinine clearance (CCR) and ($\text{RFRP}_{\text{Na}^+}$) was calculated from the clearance of Li^+ . Body weight (BW) maintained impaired throughout all development period. At 126 days, groups DBRhypo, DBRnormo and DBRhyper had BW lower than the CONc group (200.5 ± 18.60 , 229.5 ± 17.57 , 163.8 ± 3.89 vs 438.7 ± 27.0 , respectively, $P < 0.05$). The glomerular filtration rate, filtered load of Na^+ , proximal tubular reabsorption of Na^+ were similar between groups DBRhypo, DBRnormo, and the group DBRhyper. $\text{RFRD}_{\text{Na}^+}$ was higher in group DBRhypo in relation to DBRnormo and CONc (99.14 ± 0.05 vs 93.07 ± 0.18 and 93.56 ± 0.47 , respectively, $P < 0.05$) and lower DBRhyper group in relation to DBRnormo and CONc (88.12 ± 0.54 vs 93.07 ± 0.18 and 93.56 ± 0.47 , respectively, $P < 0.05$). The handling of Na^+ did not appear altered in the group submitted to malnutrition multicarencial, however, the group DBRhypo had a lower excretion of Na^+ and the group DBRhyper greater excretion of Na^+ relative to DBRnormo and the innovation because of the varied concentration of Na^+ contained in diet.

Keywords: Undernutrition, dietary Na^+ , glomerular filtration rate, sodium balance, urinary concentration.

LISTA DE FIGURAS

- Figura 1** - Peso corporal (g) no desmame, crescimento (8ª semana) e na idade adulta (13ª e 18ª semanas), apresentados por ratos mantidos com dieta controle (C), DBRnormo, DBRhípo e DBRhíper. **28**
- Figura 2** - Ingestão dietética (g/100/24h) no desmame, crescimento (8ª semana) e na idade adulta (13ª e 18ª semanas), apresentados por ratos mantidos com dieta controle (C), DBRnormo, DBRhípo e DBRhíper. **29**
- Figura 3** - Percentual de excreção de Na^+ (excreção/ingestão) durante 24h apresentado pelos ratos C, DBRnormo, DBRhípo e DBRhíper, durante as fases de crescimento e idade adulta. **32**
- Figura 4** – Fluxo urinário, durante 24 h (excreção/ingestão) apresentado pelos ratos C, DBRnormo, DBRhípo e DBRhíper, durante as fases de crescimento e idade adulta. **34**

LISTA DE TABELAS

Tabela 1 - Composição percentual das dietas (g/100g).	23
Tabela 2 - Composição percentual das dietas experimentais.	24
Tabela 3 - <i>Clearances</i> de creatinina (C_{cr}) e lítio (C_{Li+}) e fluxo urinário.	30
Tabela 4 - Carga filtrada (CF_{Na+}), aporte distal de Na^+ (AD_{Na+}), reabsorção fracional proximal de Na^+ ($RFrP_{Na+}$) e reabsorção fracional distal de Na^+ ($RFrD_{Na+}$)	31
Tabela 5. Frequência cardíaca (FC) e níveis pressóricos arteriais apresentados por ratos C, DBRnormo, DBRhipo e DBRhíper, na idade adulta.	33

LISTA DE ABREVIATURAS

ADH - hormônio antidiurético
AD_{Na⁺} - aporte distal de Na⁺
CONc - grupo controle e dieta controle
DBR – dieta básica regional
C_{cr} - *clearance* de creatinina
CF_{Na⁺} - carga filtrada de Na⁺
C_{Li⁺} - *clearance* de lítio
D - densidade urinária
EDTA - ácido etilenodiamino tetra-acético
FSR - fluxo sanguíneo renal
GM - gaiola metabólica
Hct - hematócrito
IL - ingestão de água
IS - ingestão de sólido
Kf - coeficiente de ultrafiltração
LEC- líquido extracelular
min - minuto
PUF - pressão efetiva de ultrafiltração
RD - rim direito
RE - rim esquerdo
RFG - ritmo de filtração glomerular
RFR_{DNa⁺} - reabsorção fracional distal de Na⁺ I
RFR_{PNa⁺} - reabsorção fracional proximal de Na⁺
rpm - rotação por minuto
TP - túbulo proximal
U_{cr}V - excreção urinária de creatinina
U_{K⁺}V - excreção urinária de K⁺
U_{Na⁺}V - excreção urinária de Na⁺
V - diurese
VS – versus

LISTA DE SÍMBOLOS

$[X]_u$ - concentração urinária

$[X]_p$ - concentração plasmática

Cl^- - cloro

g - grama

HCO_3^- - bicarbonato

K^+ - potássio

Li^+ - lítio

$LiCl$ - cloreto de lítio

Na^+ - sódio

$NaCl$ - cloreto de sódio

$^{\circ}C$ - graus Celsius

SUMÁRIO

1. INTRODUÇÃO-----	14
2. OBJETIVOS-----	18
4.1. Geral-----	18
4.2. Específico-----	18
3. ARTIGO-----	19
4. CONCLUSÕES-----	39
5. REFERÊNCIAS BIBLIOGRÁFICAS-----	40
6. ANEXOS-----	48

1. INTRODUÇÃO

A Organização Mundial da Saúde (OMS) define a desnutrição como uma condição patológica causada por ingestão deficiente ou inadequada de calorias e/ou proteínas, sendo considerada a doença nutricional mais importante nos países em desenvolvimento. Sua prevalência nestes países está diretamente relacionada ao inadequado crescimento econômico e social, tendo como conseqüências graves a elevação das taxas de mortalidade infantil e prejuízo no desenvolvimento físico e mental de indivíduos (JANICKI *et al*, 2002). A nutrição adequada, em qualidade e quantidade, é fundamental para o crescimento e desenvolvimento dos seres vivos e do homem. Deficiências nutricionais, pelo menor aporte de macro e micronutrientes na alimentação, levam a desnutrição (MORGANE *et al*, 1992).

A desnutrição constitui um grave problema de saúde pública no Brasil, tem um elevado custo médico-social, sobretudo por sua contribuição no desenvolvimento e por doenças como acidente vascular cerebral, coronariopatias e insuficiência cardíaca e renal crônica. O número de internações no Sistema Único de Saúde no país, decorrente de doenças cardiovasculares vem aumentando e representa a principal causa de gastos em assistência médica (LESSA, 2006; AMARAL *et al*, 2004).

Apesar do aumento das taxas de obesidade infantil nos últimos anos, o número de crianças desnutridas é maior do que o de crianças obesas. Também, indivíduos com desnutrição no primeiro ano de vida apresentaram maior mortalidade por doenças cardiovasculares do que os que nasceram com baixo peso, mas não sofreram desnutrição pós-natal, sugerindo que a desnutrição na primeira infância é um importante prognóstico para doenças cardiovasculares (FERNANDES *et al*, 2003; SAWAYA *et al*, 2005). Estes estudos vem contribuindo para indicar que a desnutrição, especialmente na primeira infância, pode causar alterações bioquímicas, fisiológicas e cardiovasculares no individuo adulto.

A desnutrição tem sido associada à hipertensão arterial (HA). Estudos em crianças desnutridas de favelas na cidade de São Paulo, foi demonstrada a associação entre desnutrição, peso e altura na primeira infância e a HA, com aumento da pressão em crianças desnutridas com mais de 2 anos de idade e daquelas que se recuperaram da desnutrição após um período médio de 6 anos, bem como, há um aumento da pressão diastólica e sistólica em adolescentes de baixa estatura (SESSO *et al*, 2004).

Levantamentos alimentares e antropométricos na Zona da Mata Sul do Estado de Pernambuco, desde a década de 70, associaram a desnutrição severa com baixo peso,

sobretudo nas crianças (BATISTA *et al*, 1981; TORRES, 1975). Esses estudos orientaram a formulação da dieta experimental denominada Dieta Básica Regional (DBR) por TEODÓSIO *et al*, em 1990, multicarenciada e que reproduz as condições alimentares encontradas nos estudo acima.

O rim é muito importante na homeostase corporal e é o responsável pela manutenção do conteúdo corporal de Na^+ , assegurando que a excreção de Na^+ seja precisamente igual a sua ingestão, num processo de ajuste denominado balanço de Na^+ . Com excreção de Na^+ menor do que a ingestão ocorre um balanço positivo deste eletrólito, o Na^+ em excesso fica retido no organismo, sobretudo no extracelular (LEC), assim ocorre um aumento da ingestão de água levando a expansão do LEC, inclusive do volume sanguíneo, podendo haver elevação da PA e edema. Inversamente, se a excreção de Na^+ for maior do que sua ingestão, o balanço é negativo. Tem mecanismos que regulam separadamente as reabsorções de Na^+ e água. O Na^+ é filtrado, em seguida é reabsorvido cerca de 67% no túbulo proximal, 25% no ramo ascendente grosso da alça de Henle, 5% no túbulo convoluto distal e 3% no ducto coletor, este último o responsável pelo ajuste fino da reabsorção do Na^+ , assegurando a precisão do balanço de Na^+ (AIRES, 2008).

Na diminuição do volume plasmático e/ou PA, as células granulares do aparelho justaglomerular segregam o hormônio renina, que ativa o angiotensinogênio transformando-o em angiotensina I. Ao passar pelos pulmões, a angiotensina I sofre ação da enzima conversora de angiotensina (ECA), sendo convertida em angiotensina II a qual, por sua vez, estimula a secreção de aldosterona no córtex adrenal. Assim, quando diminui a quantidade de Na^+ no organismo, a aldosterona aumenta a reabsorção deste íon no ducto coletor. A ação da aldosterona cria canais de Na^+ na membrana luminal e bombas sódio-potássio na membrana basolateral como no ducto coletor (CURY, 2009). Enquanto o sistema renina-angiotensina-aldosterona provoca a reabsorção de Na^+ , o hormônio natriurético (HNA) e outros hormônios aumentam sua excreção de Na^+ na urina, inibindo sua reabsorção. O átrio cardíaco é um local de armazenamento do HNA em grânulos em células musculares. Na expansão do volume circulatório, como consequência, estas células são estiradas, o HNA é secretado, impedindo a reabsorção de Na^+ pela ação da aldosterona nas células principais do ducto coletor, aumentando a excreção de Na^+ e, assim, diminuindo a PA (AIRES, 2008).

Diante da importância do rim, pesquisadores vêm estudando efeitos da DBR sobre aspectos da função renal. Em 2003, PAIXÃO e colaboradores induziram desnutrição crônica desde o desmame com a DBR, observando vasodilatação e aumento do fluxo sanguíneo renal, além de

natriurese em ratos adultos, anestesiados. Em 2005, CASTRO-CHAVES e colaboradores, ratos adultos em desnutrição crônica com a DBR, e apresentavam aumentos da excreção de Na^+ , filtração glomerular, reabsorção tubular proximal e dos pesos relativos do coração, fígado e testículos além de não concentrarem urina. Em 2007, CASTRO-CHAVES e colaboradores, ratos com o mesmo modelo de desnutrição crônica com a DBR apresentavam hipoproteinemia, aumento do peso seco do coração sugestivo de hipertrofia cardíaca e achatamento da borda em escova do túbulo proximal. Em 2009, no mesmo modelo, a não concentração de urina, os aumentos da filtração glomerular e da excreção de Na^+ foram reproduzidos, mas acompanhados de uma maior atividade da Na^+ -ATPase, sugerindo ativação do Sistema-Renina-Angiotensina-Aldosterona. A Na^+ -ATPase, situada na membrana basolateral do túbulo proximal, faz o ajuste fino do balanço corporal de Na^+ , tendo a angiotensina II como um dos seus principais hormônios reguladores (LARA, 2010).

Neste trabalho foi utilizada uma dieta controle com caseína como fonte protéica e com teor normal e estável de Na^+ . O presente trabalho objetiva investigar se a natriurese observada nos ratos em DBR desde o desmame decorria do maior aporte de Na^+ ou da sua menor conservação pelo rim, utilizando rações DBR com teores respectivamente baixos, normais e elevados de Na^+ .

2. Objetivos

2.1. Geral

- Determinar se a natriurese nos ratos em DBR desde o desmame decorre do maior aporte de Na^+ ou da sua menor conservação pelo rim. Investigar se a desnutrição *per se* compromete o manuseio de Na^+ e/ou a capacidade de concentrar urina.

2.2. Específicos

- Investigar, através da utilização de uma dieta multicarenciada, com diferentes teores de sódio:
 - a filtração glomerular e o transporte tubular proximal de sódio;
 - o balanço de sódio e o volume plasmático;
 - os níveis pressóricos
 - a capacidade de concentrar urina

3. ARTIGO

NATRIURESIS DOES NOT ACCOUNT FOR URINARY CONCENTRATION INHABILITY IN THE CHRONICALLY UNDERNOURISHED RAT

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Abbreviations

BW; Body weight

C_{cr} ; creatinine clearance

CD; Control diet

C_{Li^+} ; Li^+ clearance

C_x ; clearance of x

DD; deficient diet

DD_{Na^+} ; distal Na^+ delivery

FL_{Na^+} ; Na^+ filtered load

GFR; glomerular filtration rate

HSDD; high Na^+ DD

LSDD; low Na^+ DD

NSDD; normal Na^+ DD,

P_x ; plasma concentration of x

$DFrR_{Na^+}$; distal fractional Na^+ reabsorption

PFR_{Na^+} ; proximal fractional Na^+ reabsorption

U_x ; urinary concentration of x

V; urine volume

vs; versus

ABSTRACT The nature of natriuresis, renal concentration inability and the plasma volume alteration in chronic undernutrition were all addressed in this study. Male Wistar rats were weaned on deficient diets (DD) variable in Na^+ : 0.06%, LSDD; 0.3% NSDD; 3.12%, HSDD. Control diet (CD) was AIN 93 M. At weeks 8, 13 and 18 of age, 24 h Na^+ and H_2O balances were kept in metabolic cages. Urine concentration ability, glomerular filtration rate (GFR) and proximal tubular re-absorption were assessed in adult rats, respectively by 12 h water deprivation, creatinine (C_{cr}) and Li^+ clearances (C_{Li^+}) and Na^+ transport was calculated. Body weight (BW) was impaired in DD groups throughout the study. Diet intake was higher in HSDD and LSDD than in NSDD and CD groups ($P < 0.05$). Na^+ excretion relative to intake was similar among NSDD, HSDD and CD. Water excretion relative to ingestion was similar among LSDD, NSDD and CD, been higher in HSDD than in CD group. Cl_{cr} and C_{Li^+} were both similar among all groups. To maintain Na^+ balance, fractional distal Na^+ re-absorption was increased in LSDD but lower in HSDD as to CD (99.1 ± 0.05 ; 87.5 ± 0.7 ; $93.6 \pm 0.5\%$, $P < 0.05$). H_2O balance was also maintained, even at the HSDD group. NSDD rats were unable to concentrate urine contrasted to CD group. Thus, undernourished rats were able to maintain Na^+ balance, whereas they were unable to concentrate urine. This impairment seemed independent of Na^+ , since its excretion was strictly correlated with the dietary intake.

Keywords: Undernutrition, dietary Na^+ , glomerular filtration rate, sodium balance, urinary concentration.

Introduction

Natriuresis, defective water handling, impaired urine concentration, activation of renin-angiotensin-system, hypoproteinemia and metabolic alterations, were described in chronic undernutrition [1, 2]. Epidemiological studies in Pernambuco State, Brazil, found undernutrition mostly in children due to the diet consumed. These studies were the base for an experimental diet normal in carbohydrates but deficient in proteins, lipids, vitamins and minerals, and also in NaCl [3]. The effects of chronic undernutrition by this diet on renal function aspects have been addressed as follow. Adult rats with chronic undernutrition presented hypoproteinemia, renal vasodilatation and natriuresis leading to a negative balance, with unaltered GFR [4]. The intake of such a diet from weaning impaired renal Na^+ and H_2O conservation, but increased GFR and proximal tubule re-absorption in adult rats with unaltered levels of nitric oxide in blood and urine [5]. Juvenile and adult undernourished rats urinary Na^+ excretion was higher being twice the Na^+ intake (in control group) and the adult undernourished showed augmented fractional proximal Na^+ reabsorption ($61.0 \pm 0.3\%$ vs $81.8 \pm 2.2\%$) with a concomitant decrease in distal delivery (9.5 ± 0.5 Imol/min vs 14.0 ± 0.2 Imol/min per 100 g BW). At the molecular level, the lack angiotensin II sensibility could be due to Na^+ -ATPase hyperactivity and the ATP-dependent Na^+ transporters were affected in opposite ways: the $(\text{Na}^+-\text{K}^+)\text{ATPase}$ activity from undernourished rats fell by 30%, in parallel with a 20% decrease in its immunodetection, whereas the ouabain-insensitive Na^+ -ATPase, which is responsible for the fine-tune control of Na^+ reabsorption, increased threefold [5].

The present work was designed to verify if the natriuresis seen on rats on chronic undernutrition was due to increased dietary Na^+ intake or to renal impairment to conserve

this electrolyte. Additionally, the effects of variable dietary Na^+ content and chronic undernutrition on renal concentrating mechanism were assessed. Plasma volume was measured in normal sodium content diets for its effect on effective circulatory volume.

2. Materials and methods

2.1. Materials

All reagents used here were of the highest purity available: creatinin kit Biosystem; Lithium chloride (Cloreto de lítio) P.A. VETEC, Sodium Chloride (Cloreto de sódio) P.A. VETEC.

2.2. Animals

Experiments were conducted in accordance with the Guide for the Care and Use for Laboratory Animals – EUA and were approved by the Ethics Committee for Animal Experimentation from the Federal University of Pernambuco, Brazil by report number N 029/06. Wistar rats were maintained in a room at $22\pm 2^\circ\text{C}$, with 12-h light–dark cycle, 50% humidity, and reared at four per collective cage with free access to food and water, except when indicated. Only male rats were used in all experiments. All rats were weighed weekly from weaning, and had tail blood collected at weaning and at three week intervals to measure hematocrit. 40 rats were previously adapted to individual metabolic cages, remaining there only during the experimental procedures [7]. At the completion of the 24h balance studies, renal concentration was assessed. At least 72 h later, the rats were treated with LiCl, as described below, to evaluate GFR and proximal tubule Na^+ re-absorption.

2.3. Diets and experimental groups

Control diet (CD) was AIN 93 M [8], modified by adding NaCl to obtain a Na^+ 0.3 g/100 g diet. The deficient diet (DD) was prepared according to Teodósio et al, 1990 [3] with

the following ingredients (g/100g): manioc flour (64.9), beans (18.5), sweet potatoes (12.9) and cured meat (3.7). All dietary components but manioc, were cooked, dehydrated at 60°C, pulverized, weighed, mixed and had meat fat added (0.3 g/100g). The mixture was hydrated into a paste and dehydrated at 60°C for 24 h to obtain pellets. Dietary modifications: i) the cured meat was repeatedly washed, the diet was prepared as above and the diet final sodium was 0,049 mg/100 g; ii) the diet was prepared as above employing cured meat washed as above, NaCl was added at the end, to obtain diets with low, normal and high Na⁺ levels, respectively: 0.15 (LSDD), 0.3 (NSDD) or 0.6 (HSDD) g/100g [9]. Dietary composition (Table 1) was held at the Federal University of Pernambuco Nutrition Department. At the day 22nd day of life, age-matched rats were weaned and randomly assigned into CD or to one of the deficient diets LSDD, NSDD or HSDD until 18th week of age.

2.4. Sodium and water balances

Rats were housed in individual metabolic cages. As being previously adapted to the cages, after 1 day of acclimatization, diet and H₂O intake plus urine volume were measured for two 24 h periods at 8th, 13th and 18th weeks of age. Na⁺ intake was calculated by the product of food intake and Na⁺ dietary content. Data is a mean of the two measurements.

2.5. Renal concentration capacity

Renal concentration capacity was assessed by a 12 h overnight H₂O deprivation in rats from all groups but HSDD group, as previously done in humans [1] and in rats [10]. Urine volume, density and Na⁺ concentrations were determined but Na⁺ excretion was calculated. All values were corrected for 100g BW.

2.5. GRF and proximal tubule Na⁺ re-absorption

GFR and proximal tubule Na⁺ re-absorption were measured respectively by creatinine (Cl_{cr}) and lithium (Cl_{Li}) clearances while Na⁺ tubular transport was calculated [11, 12].

General clearance formula (C_x) is: $C_x = U_x \times V / P_x$ (1)

Where, U_x is x concentration in urine, V is urine volume and P_x is plasma concentration of x.

The rats were given LiCl (0.06 mmol/100 g BW) by gavage and were maintained with H₂O but no food overnight (12 h). Then, they received a H₂O overload (5 mL/100 g BW) by gavage in two steps (3 and 2 mL/100 g BW), respectively 90 and 30 min before being housed in metabolic cages. At the end, blood was collected by decapitation in non-heparinized tubes. Then, major organs were removed and weighed. All values were corrected for 100 g of BW. Na tubular transport was assessed by the following formula:

Na⁺ filtered load (FL_{Na+}) = Cl_{cr} × [Na⁺]_{plasma}, in μEq/min/100g (2);

Na⁺ distal delivery (DD_{Na+}) = Cl_{Li+} × [Na⁺]_{plasma}, in μEq/min/100g (3);

Na⁺ proximal tubule fractional reabsorption (PTFr_{Na+R}) = [(FL_{Na+} - DD_{Na+}) / FL_{Na+}] × 100 (4);

Na⁺ distal tubule fractional reabsorption (DTFr_{Na+R}) = [(DD_{Na+}) - (U_{Na+} × V) / DD_{Na+}] × 100 (5).

2. 6. Plasma volume measurement

Plasma volume was assessed by Evans Blue dye, after anesthesia with sodium pentobarbital (60 mg/kg BW, i.p.). Briefly, a femoral artery was catheterized one 1 mL basal blood sample was collected in heparinized syringe to obtain plasma, after centrifugation and the catheter was filled with physiological saline. The dye (0.1% in physiological saline) was administered (100 μg/100 g BW) and the catheter was flushed with 200 μL of physiological saline. After 7.5 min, physiological saline in the catheter was discarded and another 1 mL

blood sample was collected as above. The plasmatic dye concentration was determined spectrophotometrically at 610 nm and compared to a standard curve constructed with known concentrations of Evans Blue dye and samples of basal plasma [13].

2.7. Analytic technique

Urine density was assessed by refractometry (Atago), showing upper limit of 1.050. Na⁺ and creatinine concentrations in serum and urine were determined respectively by a selective ion analyser 9180 (Roche) and colorimetry on a Beckman Coulter, CX9 ALX.

2.8. Statistical analysis

Data is presented as mean±SD. The statistical analysis was by *Student-Newman-Keuls* test. Significance values were set at 95% (p<0.05)

1. Results

As shown in Fig. 1, although at weaning all offspring had similar BW, the weight gain during development was decreased on the DD groups at all Na⁺ levels. The adult LSDD rats weighed less than NSDD rats only at 18th week of age, but the HSDD rats had the lowest weights at all weeks either compared to CD or to NSDD. The hematocrit increased with age similarly among groups: at weaning the value was 34±35 for all; at 8th week (CD: 40±4, LSDD: 45±2, NSDD: 44±2, HSDD: 45 ± 2), at 13th week (CD: 45±3, LSDD: 48±2, NSDD: 47±1, HSDD: 47±2) and at 18th week of age (CD: 47±2, LSDD: 50±2, NSDD: 49±1, HSDD: 49±1). The ratio liver/body weight was higher only at HSDD compared to NSDD, while the relative heart weight (heart/body weight) was increased in HSDD either compared to CD or NSDD groups. The ratio testicles/body weight was augmented in all DD groups compared to CD, and in

HSDD also compared to NSDD. Undernutrition induced kidney atrophy as can be seen in groups LSDD and NSDD (Table 2), but the high dietary sodium led to kidney hypertrophy in the HSDD group. The renal index was similar between HSDD and CD.

As shown in Fig. 2, all rats on the DD from weaning had a higher diet intake throughout life than rats on CD at all study weeks but rats on LSDD and HSDD diet intake was greater than NSDD. The values of percent Na^+ excretion over intake were similar among NSDD, HSDD and CD (Fig. 2). Due to the low sodium intake, the levels of Na^+ urinary sodium concentration shown by LSDD were undetectable in the sodium electrolyte analyzer.

As can be seen in Fig. 3, at 8th of age, HSDD exhibited H_2O intake 5 times all other groups but at 13th and 18th weeks of age, the difference was 3 times. The values of percent H_2O excretion in urine over intake decreased with age. At 8th week the mean values were 40% for CD, LSDD and NSDD but 77% for HSDD; at 13th week mean values were 31% for CD, LSDD and NSDD but 56% for HSDD; and at the 18th week of age CD, LSDD and NSDD mean values were 23% and the rats from HSDD group excreted 55% percent of the H_2O intake. Dietary Na^+ influenced H_2O intake as expected, but H_2O balance was maintained independently of nutrition condition and Na^+ intake.

After 12 h overnight H_2O deprivation (Fig. 4), the decrement in urine volume was less than CD and lower urinary density on NSDD group points to incapacity to conserve H_2O .

Creatinin and lithium clearances were similar among rats from all groups (Table 3). The mean value of plasma lithium in all experimental groups was 0.30 ± 0.09 $\mu\text{Eq/mL}$, varying from 0.26 to 0.33, $\mu\text{Eq/mL}$. Besides being measured after an acute administration, these values were well below the nephrotoxic levels observed in humans in chronic treatments [14]. Sodium tubular transport values (Table 4), assessed by filtered load, distal delivery plus

proximal tubule fractional re-absorption were similar among groups. However, fractional distal re-absorption was increased in LSDD and decreased in HSDD compared to CD and NSDD, due to Reinforcing data on maintained Na^+ balance in undernourished rats, the plasma volume was similar (3.4 ± 0.41 vs 3.3 ± 0.37 mL) between NSDD and CD groups.

4. Discussion

The organ weight relative to body weight was adopted here due to great difference in rat weights from CD and the DD groups at 18th week of age. Rats on DD at different Na^+ levels weighed less than the ones on CD, due to deficient quality and quantity of nutrients but carbohydrates. Na^+ levels were the only difference among the DD, and NSDD rats weighed more than LSDD at 18th week but rats on HSDD group weighed less throughout the study, compared to CD and NSDD rats. The results on LSDD are different from the weight pattern seen on 12 week old rats, from weaning on normal protein diets but with low, normal or high Na^+ : the rats on low Na^+ diet weighed more than controls, and rats on the high Na^+ weighed less from the 8th week until adults [9], in agreement with the NSDD data here. Interestingly, the weight gain stabilized differently among the experimental groups: at the 13th week for the CD, at the 18th week for HSDD and LSDD but rats of NSDD group were still growing at the week 18th, since protein-malnourished rats grow more slowly but for longer durations [15], although here the rats did not reach normal final size. Organ weights were more affected in the HSDD group. The higher testicles weights on all DD groups could be due to increased angiogenesis as previously been seen [16]. Higher heart weight in the HSDD rats might be by increased oxidative stress, as has been shown that a high-salt diet leads to increased generation of reactive oxygen species in striated muscle micro-vessels, which are responsible for decreased endothelium-dependent dilation [17]. This could lead to

cardiac hypertrophy by hemodynamic mechanisms. Furthermore, increased oxidative stress could lead also to hypertrophy in some tissue [18].

Regarding the sodium balance, the values of percent Na^+ excretion over ingestion shows that rats from all groups maintained their balances, However, previous results from this laboratory found natriuresis in DD rats from weaning: i) in adult rats in a high Na^+ control diet (807.5 mg/100g) or on a low Na^+ deficient diet (207.5 mg/100 g), although Na^+ intake was higher in control rats, Na^+ excretion were similar but the percent excreted over the ingested was 3 times higher in the low sodium deficient diet rat, thus indicating a difficulty on sodium conservation [19]; ii) Urinary Na^+ excretion was increased and almost twice the Na^+ intake in juvenile and adult DD rats as to controls. At the molecular level, the ATP-dependent Na^+ transporters were affected in opposite ways. The (Na^+-K^+) ATPase activity from undernourished rats fell by 30%, in parallel with a 20% decrease in its immunodetection, whereas the ouabain-insensitive Na^+ -ATPase, which is responsible for the fine-tune control of Na^+ reabsorption, increased threefold. Then, that early alterations in proximal tubule Na^+ pumps, together with an abnormally augmented urinary Na^+ excretion, might be the link between undernutrition and late renal dysfunction [6]. Also, anesthetized 3-month day old rats assigned from weaning to a multideficient diet, which was low in sodium, presented a high urinary sodium excretion, a negative sodium balance and renal vasodilatation as well [4]. In spite of the diverse dietary Na^+ , balance was maintained at all weeks with Na^+ excretion paralleling ingestion in this study.

The present work was designed to shed some light on the nature of the natriuresis seen on rats on a DD since weaning. There were three major possibilities: increased ingestion, renal impairment to conserve Na^+ and comparison to a control diet low in Na^+ . All rats on the DD from weaning had higher diet intake throughout life than rats on control. Na^+

intake is a product of diet intake and Na^+ dietary content, which was respectively low, normal and high on DD rats. The excretion relative to intake indicates that rats on DD at diverse Na^+ levels were able to maintain their respective Na^+ balances at all study weeks.

The capacity to concentrate urine is the finest and most complex of the renal functions, the last to be acquired in normal life and the first to be lost when functioning renal mass starts to decrease. Then, NSDD were unable to concentrate urine, corroborating literature data in humans [1, 2], in rats [2, 10] and our previous results [5, 6, 19]. The impairment of urinary concentration mechanisms was not correlated with increment in GFR, i. e, medullar washout seem unlikely in these undernourished animals, since plasma volume was unchanged in the normal sodium levels.

GFR is reduced both in humans with caloric protein malnutrition and experimentally in rats on low protein diets [2] contributing to the hydro-electrolytic alterations. Here, GFR was not different in adult conscious on DD, independently of dietary Na^+ content. Since plasma volume was similar between CD and DD rats, it may be suggested that effective circulatory volume might be unchanged. Measurement of GFR by creatinine clearance is a valid method in conscious animals, since GFR measured simultaneously by creatinine and by [^3H]inulin clearances, a significant correlation was shown between them [20]

The increased urinary volume in NSDD rats could not be attributed to reduction in Na^+ re-absorption in the proximal and distal tubules as can be seen in Table 4. Kudo and others [21] have shown that Na^+ re-absorption is reduced in the thick ascendant limb of Henle loop in undernourished rats and here, we cannot discard a reduced Na^+ re-absorption in the ascending limb of Henle's loop. Furthermore, the synthesis of urea is reduced in the liver of undernourished rats, consequently diminishing medullar osmolarity [22]. This

disturbance of urinary concentration leads to an increment of urea transporters in the inner medullary collecting ducts [23].

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Table 1. Control (CD) and deficient diets (DD) composition (g/100g)

Diet composition	* CD (AIN 93 - M)	† DD
Protein	20.00	8.46
Lipíds	7.00	1.32
Carbohidrates	59.60	69.08
Mineral mix	3.50	-
Vitaminic complex	1.00	-
L-Cystine	0.30	-
Calories (Kcal)	381	315
NaCl	0.3	-
Na ⁺	0.06	-

*Values from AIN 93 M [8], modified by adding NaCl to obtain 0.3 g/100 g sodium; † DD = deficient diet, prepared with (g/100g) manioc flour (64.8), beans (18.3), sweet potatoes (12.8) and cured meat (3.7) as [3], modified by: 1) repeatedly washing the cured meat in order to obtain an almost null sodium diet (0,049 mg/100 g); 2) then adding NaCl (g/100 g) to obtain diets low (0.15-LSDD), normal (0.3-NSDD) or high (0.6-HSDD) in sodium.

Table 2. Effect of deficient diets with variable Na⁺ content on body and relative organ weight

WEIGHTS	CD (n=10)	LSDD (n=10)	NSDD (n= 18)	HSDD (n=9)
BODY (g)	425±21	202±11	229±18	164±4
LIVER	2.52±0.13	2.50±0.15	2.52±0.42	3.00±0.25 [†]
HEART	0.35±0.04	0.36±0.09	0.35±0.03	0.47±0.05 ^{*†}
LUNGS	0.55±0.07	0.57±0.11	0.57±0.08	0.60±0.13
TESTICLES	0.73±0.23	1.40±0.11 [*]	1.12±0.16 [*]	1.50±0.16 ^{*†}
KIDNEYS	0.70±0.06	0.58±0.06 [*]	0.57±0.12 [*]	0.70±0.10 [†]
SPLEEN	0.17±0.04	0.22±0.01	0.24±0.06	0.23±0.05

CD = Control diet was AIN 97 M [8], modified by adding NaCl to obtain 0.3 g/100 g sodium; DD = deficient diet, prepared with (g/100g) manioc flour (64.8), beans (18.3), sweet potatoes (12.8) and cured meat (3.7) as [3], modified by: 1) repeatedly washing the cured meat in order to obtain an almost null sodium diet (0,049 mg/100 g); 2) then adding NaCl (g/100 g) to obtain diets low (0.15-LSDD), normal (0.3-NSDD) or high (0.6-HSDD) in sodium. Measurements were held at age of 18 weeks. Values are in mean±SD. *P*<0.05: ^{*}vs CD; [†]vs NSDD by Student-Newman-Keuls.

Table 3. Effects of variable Na⁺ content in deficient diets on glomerular (C_{cr}) and proximal tubule function (C_{Li+})

Group	N	V (μL/min/100g)	C _{cr} (μL/min/100g)	C _{Li} ⁺ (μL/min/100g)
CD	9	21.13±0.49	285.59±2.43	88.93±3.41
LSDD	10	20.79±2.02	278.74±14.74	83.20±13.77
NSDD	7	21.07±0.83	284.87±10.83	86.00±5.70
HSDD	10	21.43±1.44	296.01±20.00	86.89±6.14

Glomerular and proximal tubule function were measured respectively by creatinine (C_{cr}) and lithium (C_{Li}) clearances; General clearance formula is $C_x = U_x \times V / P_x$. CD = Control diet was AIN 93 M [8], modified by adding NaCl to obtain 0.3 g/100 g sodium; DD = deficient diet, prepared with (g/100g) manioc flour (64.8), beans (18.3), sweet potatoes (12.8) and cured meat (3.7) as [3], modified by: 1) repeatedly washing the cured meat in order to obtain an almost null sodium diet (0.049 mg/100 g); 2) then adding NaCl (g/100 g) to obtain diets low (0.15-LSDD), normal (0.3-NSDD) or high (0.6-HSDD) in sodium. Measurements were at 18 week of age. Values are in mean±SD. $P < 0.05$: *vs CD; [†] vs NSDD by Student-Newman-Keuls.

Table 4. Effects of variable Na⁺ content in deficient diets on Na⁺ tubular transport

Group		FL _{Na+}	DD _{Na+}	FrR _{Na+}	DfrR _{Na+}
		(μEq/min/100g)	(μEq/min/100g)	(%)	(%)
CD		42.40±0.83	2.14±0.22	6.63±1.16	93.56±0.47
LSDD	0	39.85±2.35	1.91±1.22	0.03±5.65	99.15±0.13* [†]
NSDD		41.16±2.15	2.43±1.29	9.77±1.92	92.90±0.09
HSDD	0	43.05±2.92	2.64±0.99	0.56±2.37	87.54±0.68* [†]

Filtered load (FL_{Na+}), distal delivery (DD_{Na+}), proximal (PFR_{Na+}) and distal fractional reabsorption (DfrR_{Na+}). CD = Control diet was AIN 93 M [8], modified by adding NaCl to obtain 0.3 g/100 g sodium; DD = deficient diet, prepared with (g/100g) manioc flour (64.8), beans (18.3), sweet potatoes (12.8) and cured meat (3.7) as [3], modified by: 1) repeatedly washing the cured meat in order to obtain an almost null sodium diet (0.049 mg/100 g); 2) then adding NaCl (g/100 g) to obtain diets low (0.15-LSDD), normal (0.3-NSDD) or high (0.6-HSDD) in sodium. Measurements were at week 18 of age. Values are in mean±SD. *P*<0.05: *vs CD; [†]vs NSDD by Student-Newman-Keuls.

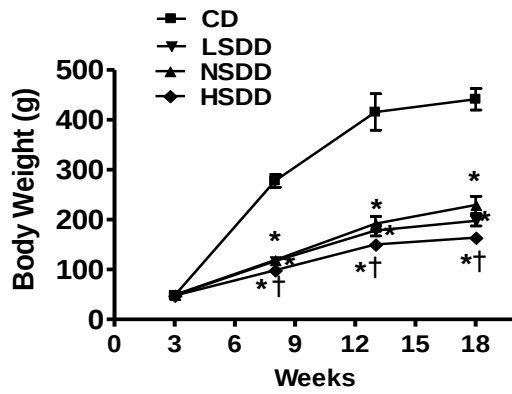


Fig. 1

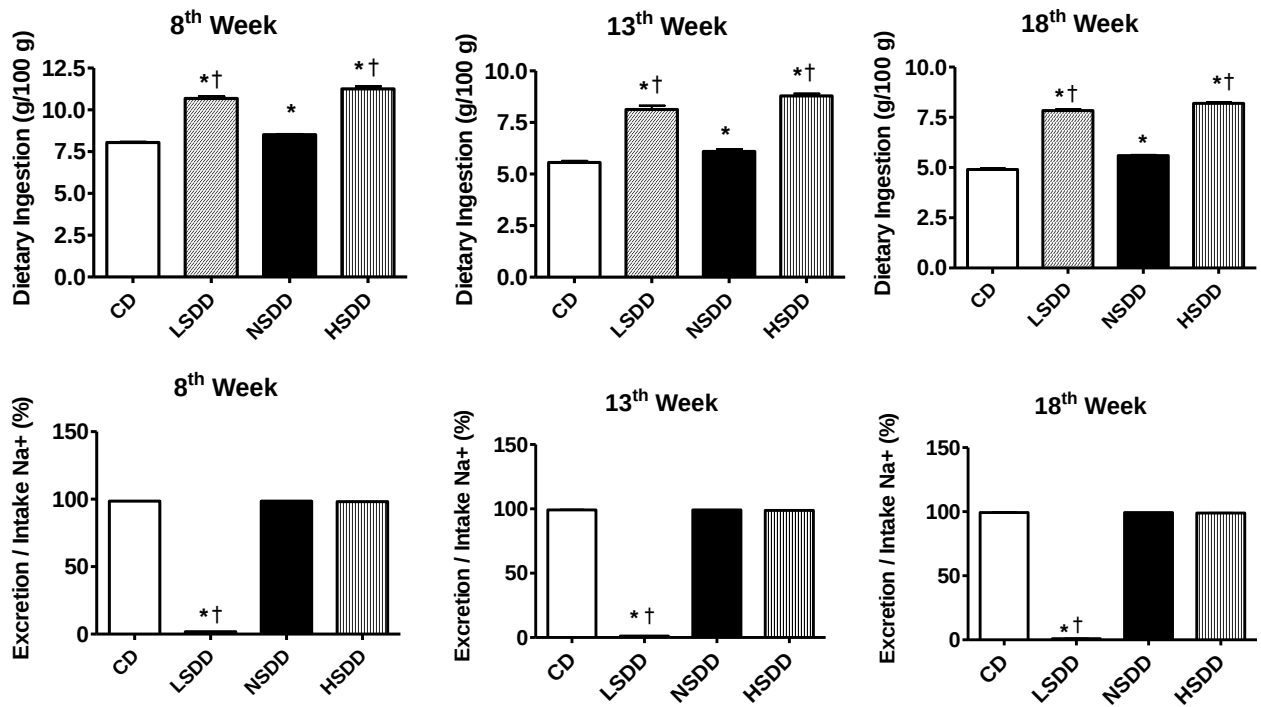


Fig.2

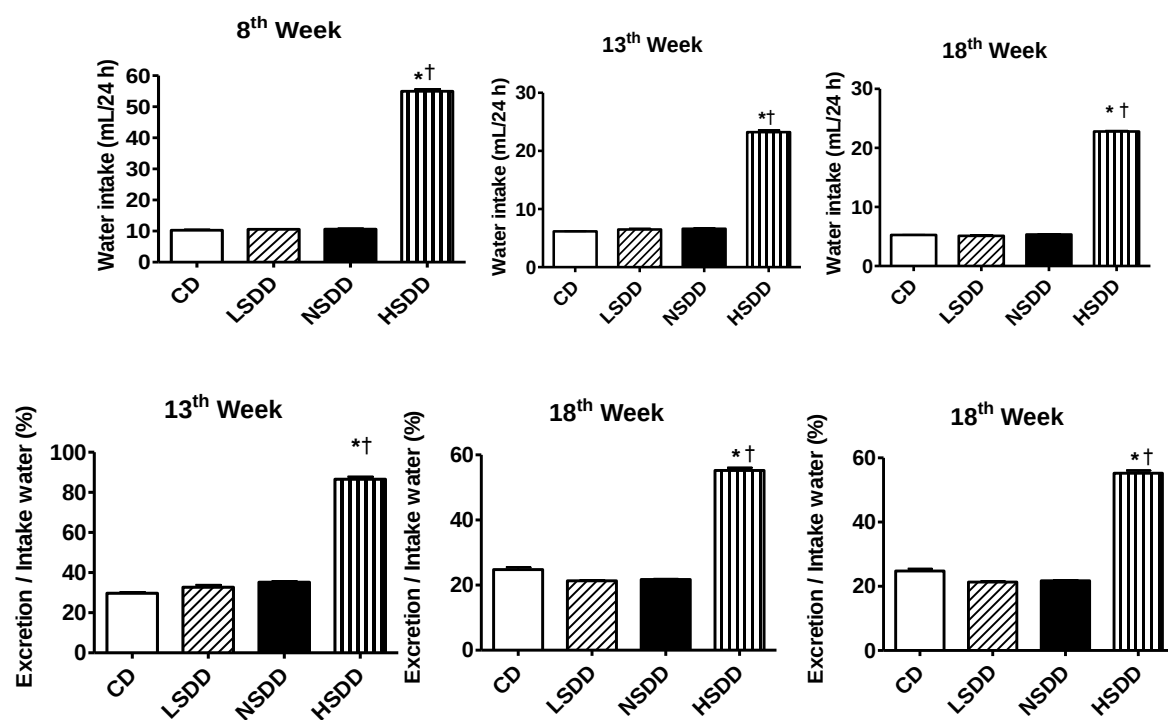


Fig. 3

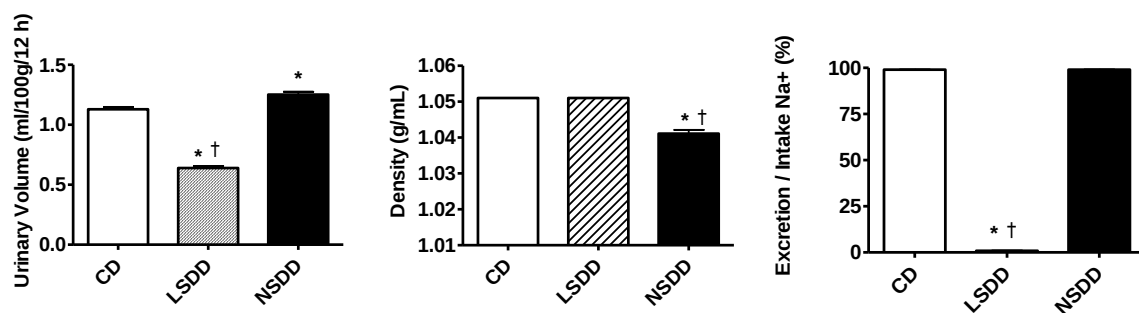


Fig. 4

Fig.1. Effect of deficient diets low (LSDD), normal (NSDD) or high (HSDD) in Na⁺ on rat body weight. Male rats were fed, from weaning, a control Na⁺ sodium diet (CD) or deficient diets either low (0.06 g/100 g), normal (0.3 g/100 g) or high (3.0 g/100 g) in Na⁺. All rats were weighed weekly from weaning to week 18 of age. Values are in mean±SD. *P*<0.05: *vs CD; [†]vs NSDD by Student-Newman-Keuls.

Fig.2. Effects of deficient diets low (LSDD), normal (NSDD) or high (HSDD) in Na⁺ on 24h diet intake (A) and percent Na⁺ excretion over ingestion (B). Male rats, from weaning, were fed a control normal Na⁺ diet (CD) or deficient diets either low (0.06 g/100 g), normal (0.3 g/100 g) or high (3.0 g/100 g) in Na⁺. Studies were held at weeks 8, 13 and 18 of age. Values are in mean±SD. *P*<0.05: *vs CD; [†]vs NSDD by Student-Newman-Keuls.

Fig.3. Effects of deficient diets low (LSDD), normal (NSDD) or high (HSDD) in Na⁺ on 24h H₂O intake (A) and percent H₂O excretion over intake (B). Male rats, from weaning, were fed a control normal Na⁺ diet (CD) or deficient diets either low (0.06 g/100 g), normal (0.3 g/100 g) or high (3.0 g/100 g) in Na⁺. Studies were held at weeks 8, 13 and 18 of age. Values are in mean±SD. *P*<0.05: *vs CD; [†]vs NSDD by Student-Newman-Keuls.

Fig.4. Effect of deficient diets low (LSDD) or normal (NSDD) in Na⁺ on rats deprived of H₂O for 12 h. Male rats, from weaning, were fed a control normal Na⁺ diet (CD) or deficient diets either low (0.06 g/100 g) or normal (0.3 g/100 g) in Na⁺. The study was held at week 18 of age, the rats had free access to diets but not H₂O overnight, the more active period. The HSDD rats were not included, due to the elevated H₂O intake. Values are in mean±SD. *P*<0.05: *vs CD; [†]vs NSDD by Student-Newman-Keuls.

4. CONCLUSÕES

A desnutrição e o teor de sódio não influenciaram: a filtração glomerular; transporte tubular proximal de sódio; balanço de sódio; volume plasmático; níveis pressóricos.

A desnutrição comprometeu o mecanismo de concentração urinária, no entanto a excreção de sódio não parece contribuir com este distúrbio, uma vez que esta se manteve estreitamente correlacionada com a concentração deste eletrólito na dieta.

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6 - ANEXOS



Ofício nº 029/06

Recife, 16 de junho de 2006

Da Comissão de Ética em Experimentação Animal (CEEA) da UFPE
Para: Profa. Carmen Castro Chaves
LAFIRE - UFPE

Os membros da Comissão de Ética em Experimentação Animal do Centro de Ciências Biológicas da Universidade Federal de Pernambuco (CEEA-UFPE) avaliaram seu projeto de pesquisa intitulado **“Avaliação da desnutrição induzida por uma dieta multicarente (Dieta Básica Regional) sobre aspectos funcionais, estruturais, celulares e moleculares do rim”**.

Concluimos que os procedimentos descritos para a utilização experimental dos animais encontram-se de acordo com as normas sugeridas pelo Colégio Brasileiro para Experimentação Animal e com as normas internacionais estabelecidas pelo National Institute of Health Guide for Care and Use of Laboratory Animals as quais são adotadas como critérios de avaliação e julgamento pela CEEA-UFPE.

Encontra-se de acordo com as normas vigentes no Brasil, especialmente a Lei 9.605 – art. 32 e Decreto 3.179-art 17, de 21/09/1999, que trata da questão do uso de animais para fins científicos.

Diante do exposto, emitimos **parecer favorável** aos protocolos experimentais realizados.

Atenciosamente,

Silene Carneiro
Prof. Silene Carneiro do Nascimento
 Presidente CEEA